

Soul Whisperer

Cesar Millan, The Dog Whisperer, demonstrates how a high level of awareness and understanding of the mind and natural instincts of the canine species, enables him to enlist their cooperation and help them heal. Through his own example, he shows humans and canines how to connect in a rich and rewarding partnership.

In SoulCollage® we connect-up with both our troublesome parts, and with our wise and playful parts to invite Soul into the human experience.

We often encounter difficulties in communicating effectively all the different parts of ourselves and try to eliminate some and emphasize others.

Do you struggle with “The Depressed One,” “The Anxious One?” Do you fear the “The Critic” will immobilize you? Want to have more harmony in your Inner Family? Your SoulCollage® cards help you to sit down and have a conversation over a nice cup of tea, like we would with our flesh and blood friends.

How do you do this? Learning to be a Soul Whisperer means that you listen wisely to all the different point of view inside you. You can have a lively two way communication with them. A Soul Whisperer realigns her expectations and releases judgments so she can listen with compassion and curiosity to both the fearful, angry parts, as well as the Wise Council Members who can point the way to higher ground.

Monty Roberts, the Horse Whisperer, spent years observing wild mustangs and learned to speak their language. He adopts a sympathetic view of the motives, needs, and desires of the horse, based on modern equine psychology.

The Soul Whisperer understands that fear, pain and distrust do not create a trusting relationship. Just like a wild mustang quickly learns to feel safe with the Horse Whisperer, so too, do we learn to invite and bond with the shadowy parts, and the creative, happy parts. We become in Cesar Millan’s words, “calm assertive” with what ever arises, so as strong leaders, we create a happy pack.

As many clients have noticed, the results from learning to be a Soul Whisperers can be remarkable.

Ready to start? Begin by approaching your cards with these qualities:

- Compassionate curiosity: listen with your heart
- Empathy for the motives, needs, and desires of each SoulCollage® card
- Begin this spiritual practice with calmness, patience, and presence.
- Recognize fear as a call for help
- Hold your ground with quiet strength and resolve with difficult cards
- Give yourself the option to stop or engage at any time
- Be a caring leader of your Inner Pack.

As Soul Whisperers we learn that kindness and the sincere desire to understand the needs of all of the points of view represented on our SoulCollage® cards, we can develop and nurture our aliveness, joy and creativity.

If you’d like support to be a Soul Whisperer, join a SoulCollage® group, take a workshop or make an appointment to work with your cards individually.

So you can become a Soul Whisperer.

View SoulCollage® workshops at www.suziewolfer.com

References:

<http://www.cesarmillaninc.com/about/>

http://en.wikipedia.org/wiki/Horse_whisperer