



Counseling Services of Portland

7100 SW Hampton #128 • Tigard OR 97223
10424 SE Cherry Blossom Drive • Portland OR 97216
12132 SE Foster Place • Portland OR 97266
gethelp@counseling-pdx.com www.counseling-portlandoregon.com

Authorization to Release and Exchange Information

I, _____, _____ give permission to the
Client Name Birth date

Counseling Services of Portland and its staff to disclose and obtain mental health treatment information and records obtained in the course of my psychotherapy treatment, including, but not limited to, my therapist's diagnosis to:

Your physician or psychiatrists name Phone number

Information to be Disclosed: _____ Entire mental health and/or substance abuse record,
Initial

OR such disclosure shall be **limited to the following specific types of information:** (client must initial each item to be released):

- | | |
|---|---|
| <p>Initial</p> <p>___ Substance abuse evaluation</p> <p>___ Expected length of treatment</p> <p>___ Diagnosis/assessment</p> <p>___ Name of new treatment provider</p> <p>___ Medication information</p> | <p>Initial</p> <p>___ Treatment recommendations</p> <p>___ Attendance records only</p> <p>___ Treatment plan</p> <p>___ Treatment progress report</p> <p>___ Other (specify) _____</p> |
|---|---|

Purpose for Disclosure (client must initial):

- Initial
- ___ Continuity of care
- ___ Care management and processing of benefit claims
- ___ Education coordination
- ___ Coordination and collaboration of care
- ___ Other (specify) _____

I understand that I have a right to receive a copy of this authorization. I understand that any cancellation or modification of this authorization must be in writing. I understand that I have the **right to revoke** this authorization at any time unless Provider has taken action in reliance upon it. And, I also understand that such **revocation must be in writing and received by Provider at address listed above** to be effective. Therapist shall **not condition treatment upon Client signing this authorization**. I have the **right to refuse to sign** this form. I understand that information used or disclosed in this authorization may be subject to re-disclosure by the recipient and may no longer be protected by the HIPAA Privacy Rule, although applicable Oregon law may protect such information.

This authorization shall remain valid until one year after termination of treatment or _____

Client signature Date

Signature of parent, guardian, conservator or authorized rep. Date

Therapist as Witness Date

Notice to Recipient of Information

This information has been disclosed to you from records the confidentiality of which may be protected by federal and/or state law. If the records are so protected, Federal Regulation (42 CFR Part 2) prohibits you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains, or as otherwise permitted by 42 CFE Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse member.